Me and My Shadow Tutorial

This quilt is fat quarter friendly and consists of only 1 block style. I cut my focus rectangles from 6 different fat quarters using 20 on the front and saving 4 for a pieced back that I’m still thinking about! You can get 4 rectangles from each fat quarter using the sizes I’ve chosen for my quilt. The top finished at 72” x 50”. The quilt is put together by sewing your blocks in columns first, then connecting all of the columns.

Disclaimer – All yardage measurements are approximate as I calculated it AFTER I made my top. I believe it should be more rather than less of what you need.

6 Fat Quarters for center rectangles (focus fabric), gives you a minimum of 24 to use as desired.

White fabric = 1 1/3 yards

Dark fabric (for shadows) = 3/4 yard

All sewing is done with a 1/4” seam allowance.

From your focus fabric cut 24 rectangles 8 1/2” x 10 1/2”

From the white fabric cut the following:

16 strips 2 1/2” x 10 1/2”

40 squares 2 1/2” x 2 1/2”

5 strips 2 1/2” by the length of your quilt after blocks are sewn in a column (should be about 72”)

2 strips 2 1/2” by the width of your quilt after all columns are sewn together (should be about 50”)

From the dark fabric cut the following:

40 strips 2 1/2” x 8 1/2”

Make your blocks as follows:
With the dark and white fabric, make 2 strip sets by sewing one – 2 1/2” white square to the top of one 8 1/2” dark strip.

Step 1 – Sew one strip set with the white square on top, to the long, vertical side of your focus color rectangle.

Step 2 – Sew the second strip set with the white square on the left, horizontally, to the bottom of your focus fabric.

Continue making all of your blocks in this way, making sure to keep your white and dark strip sets positioned as in the photo above.

Arrange your blocks in rows of four across and five down as desired. Take each column and sew one white sashing strip, 2 1/2” x 10 1/2” between each block, as pictured:
Sew all of your columns, then sew a long white sashing strip between each column, sewing all columns together. Border the outer sides, top and bottom with long white strips as well.

Now decide if you want to add any other borders! Fast and easy!

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